

This state-of-the-art facility, complete with an accessible pool, track, rock climbing wall, weight room and locker rooms will give people with disabilities like mine the option to cross train and achieve their fullest potential physically. With wheelchair rugby and basketball courts also available, this center is truly a unique one-stop destination.

- Scott Hogsett
Paralympian, Wheelchair Rugby



Virginia G. Piper Sports and Fitness Center

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Virginia G. Piper
Sports & Fitness Center
For Persons with Disabilities



universally accessible
independently active



A PROGRAM OF
ARIZONA BRIDGE TO INDEPENDENT LIVING

www.disabilitysportscenter.com



Strength

Universally Accessible Independently Active

The Virginia G. Piper Sports & Fitness Center for Persons with Disabilities (SpoFit) is a program of Arizona Bridge to Independent Living (ABIL), a 501(c)(3) organization and the largest center for independent living in Arizona. ABIL offers and promotes programs designed to empower people with disabilities to take personal responsibility so that they may achieve or continue independent lifestyles within the community. ABIL and eleven other disability organizations are co-located in the Disability Empowerment Center, which serves as a national model for accessibility and collaborative programming.

The SpoFit is co-located on the Disability Empowerment Center campus. The universally accessible sports and fitness center is designed to bring people together of all ages with physical disabilities and chronic health conditions to encourage wellness, physical fitness and nutritional health.

The 45,000-square-foot sports, fitness and aquatics center is the first of its kind in the western United States. In addition to housing competitive sports programs for persons with disabilities, the center also accommodates fitness, health and wellness programs.

Persons with disabilities and their families can purchase individual and family memberships and enjoy spacious and accessible features:

- Sports courts
- Indoor track
- Therapy pool, lap pool and whirlpool
- Fitness/training equipment
- Rock climbing wall
- Locker rooms, showers and dressing areas

Examples of programs offered:

- Adaptive Rowing
- Sports programs
- Nutrition education
- Recreation programs
- Wheelchair Basketball
- Fitness/Wellness Classes
- Yoga
- Aquatics
- Swimming
- Quad Rugby
- Power Soccer

“There is simply no other place where people with disabilities have equal and accessible fitness capability with professional staff to advise them in a non-medical environment.”

Daily Drop In

Youth (15-18)	\$5
Adults (19+)	\$6
Senior (62+)	\$5
Family**	\$16 Maximum

Monthly

Youth (15-18)	\$25	(\$300/yr)
Adults (19+)	\$35	(\$420/yr)
Senior (62+)	\$30	(\$360/yr)
*Adult +1	\$50	(\$600/yr)
*Senior +1	\$45	(\$540/yr)
**Family	\$60	(\$720/yr)

Annual (Paid up Front) 15% discount

Youth (15-18)	\$255	(save \$45)
Adults (19+)	\$357	(save \$63)
Senior (62+)	\$306	(save \$54)
*Adult +1	\$510	(save \$90)
*Senior +1	\$459	(save \$81)
**Family	\$612	(save \$108)

Punch Pass (12 visits) Good for one year

Youth (15-18)	\$50
Adult (19+)	\$60
Senior (62+)	\$50

* 2 people in the same household
** Up to 6 people in the same household

Pass Rates