

Weekly Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00-11:00AM Kids Corner (Jess) West Court
		11:00-12:00PM New Tricks (Kayla) Group Fitness	11:00-12:00PM Climbing (Kayla) Rock Wall		12:30-1:30PM Climbing (Jess) Rock Wall
	4:30-5:30PM Martial Arts (Susan) Group Fitness				
5:00-6:30PM Kids Corner & Teen Club West Court	5:00-6:30PM Kids Corner & Teen Club West Court	5:00-6:30PM Kids Corner & Teen Club West Court	5:00-6:30PM Kids Corner & Teen Club West Court	5:00-7:00PM Power Soccer (Tony) East Court	
5:30-6:30PM Boot Camp (Brielle) Group Fitness	5:30-6:30PM Train, Lift, Condition (Gabe) Fitness Room	5:30-6:30PM Boot Camp (Brielle) Group Fitness	5:30-6:30PM Yoga (Carolyn) Group Fitness	5:30-6:30PM Pump it Up- (Gabe) Group Fitness	
6:30-7:30PM Tai Chi (Megan) Group Fitness	6:30-7:30PM Over-the-Line (Don) West Court	6:30-7:30PM Adaptive Rowing (Helen) Group Fitness	6:45-7:45PM Martial Arts (Susan) Group Fitness		
		6:30-7:30PM Climbing (Jess) Rock Wall	6:30-7:30PM Meet n Compete (Kelsey) West Court		